

# YORK ORTHOPEDIC RECOVERY

## Performance & Recovery Specialist, ATC

937 Coffee Road, Suite 500 · Modesto, CA 95355

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### THIS ISN'T A SIDELINE JOB.

YORK Orthopedic Recovery is looking for a driven, BOC-certified Athletic Trainer who wants to do meaningful work — not manage ice bags and sign injury waivers. If you're passionate about movement, rehab, performance, and actually connecting with the humans in your care, keep reading.

You won't be chained to a sideline or processing patients through a revolving-door clinic. At YORK, you'll build real relationships, use cutting-edge recovery technology, and work across both a premier recovery facility and dynamic off-site corporate wellness environments.

This is your opportunity to become a recognized specialist in the fastest-growing area of sports medicine: human performance and recovery.

### WHO WE ARE

YORK is a concierge-level performance and recovery clinic in Modesto's Central Valley — and we're growing fast. We treat the whole human system. Pain, movement, recovery, stress, sleep, and performance aren't separate — they're interconnected, and our work reflects that.

We serve a diverse clientele: active adults, tactical athletes (law enforcement, first responders), office workers, and performance-focused individuals in addition to youth athletes. Our growing corporate wellness partnerships with the Modesto Police Department, Stanislaus County Sheriff, and other county agencies put us at the forefront of a rising specialty in the field.

Our culture is rooted in our values:

- Integrity · Respect · Heart · Empathy · Guest Focus · Excellence & Innovation · Teamwork

### WHAT YOU'LL ACTUALLY DO

#### Rehab & Movement

- Perform movement assessments and design corrective exercise programs
- Provide hands-on musculoskeletal rehabilitation with a lower patient load than traditional settings
- Guide clients through return-to-activity and performance goals
- Work across both our clinic and off-site tactical/corporate environments
- Teach workshops on injury prevention and wellness.

#### Recovery Technology — Your New Toolkit

You'll become proficient in an elite stack of recovery modalities most ATCs your age don't have access to — and they'll look great on your résumé:

- Whole-body cryotherapy
- Infrared sauna
- NormaTec compression therapy
- Red light therapy
- BrainTap neurofeedback

### Corporate Wellness

- Develop injury prevention and stretching programs for law enforcement and county agencies
- Build genuine relationships with our partners — and help us grow those contracts
- Work with a client population most ATCs never interact with: tactical athletes

### Content & Brand

- Collaborate with our team on social media content — this is real, valued work at YORK
- Represent YORK at community events and help build our presence in the Central Valley

## WHY YORK

- **Mentorship from day one.** You'll work directly under Danielle York, BOC-certified ATC and clinic owner with 12+ years of experience. You're not dropped in and left to figure it out.
- **A career path, not just a job.** We're expanding — a second Modesto location and a Turlock flagship are in the pipeline. We promote from within and invest in the people who grow with us.
- **Rare clinical experience.** Few ATs get to work across concierge recovery, corrective exercise, performance coaching, and tactical athlete care in one role. You'll build a skill set that opens doors.
- **We take your growth seriously.** Bimonthly in-service training is built into the schedule — not optional. Ongoing CEU education is expected and supported.
- **You're not just an employee.** We're a team of 9 growing to 11. Your voice matters and your contributions are visible.

## COMPENSATION & BENEFITS

**\$38.00–\$40.00/hr** (based on experience)

*Part-time to full-time pathway · Start: Summer 2026*

- CEU reimbursement — \$500/year
- NATA/BOC fee reimbursement
- Professional liability insurance provided
- Unlimited use of all in-office recovery modalities
- Gym access at clinic and off-site locations
- 5-7 PTO days (accrued) + 2 weeks max unpaid PTO
- Medical benefits + paid holidays (upon reaching full-time)
- 90-day onboarding period with 30/60/90-day check-ins — we set you up to succeed

## **SCHEDULE & STRUCTURE**

We onboard intentionally. You'll start part-time (25 hours/week), working alongside our team for the first 30–60 days — not because we're hedging, but because we want you to feel grounded in our culture and systems before taking on a full caseload. We'll have honest scheduling conversations at 30 days and again at 90 as we build toward full-time together.

- Primarily Monday–Friday, with one Saturday per month starting mid-summer
- Two paid 15-minute breaks + one 30-minute unpaid lunch per 8-hour shift
- Dress code: professional athleisure in neutral/calming tones

## **WHAT WE'RE LOOKING FOR**

- BOC-certified Athletic Trainer
- Passion for movement, rehab, corrective exercise, and human performance
- Someone who genuinely wants to connect with clients, not just process them
- Comfortable in both a clinical setting and dynamic off-site environments
- Background check required for corporate wellness site access
- Certifications kept current at all times
- Someone who wants to grow, learn and expand their knowledge base on treating humans functionally and dynamically with the over wellness in mind.

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***"Move better. Live stronger. Recover smarter. Perform at your highest capacity."***

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## **READY TO APPLY?**

Send your cover letter and résumé to:

**[danielle@yorkorthopedicrecovery.com](mailto:danielle@yorkorthopedicrecovery.com)**

Tell us what draws you to recovery and performance care — and why YORK feels like the right fit. We read every application.

*yorkorthopedicrecovery.com*